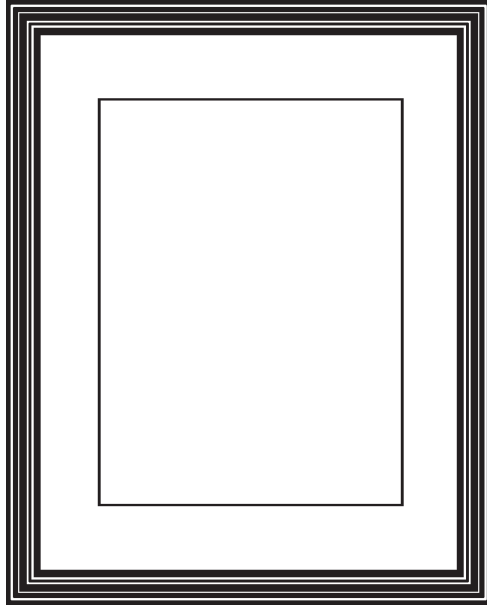


This Is Me



My name is

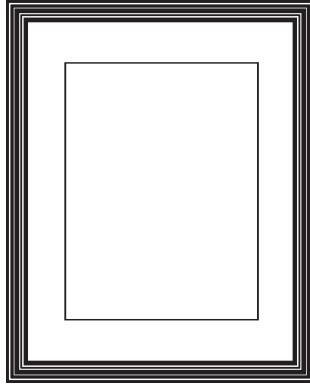
I am years
&
..... months old

My birthday is on

The name of my nursery is

Today is my first day and the date is
.....

This Is My Mummy

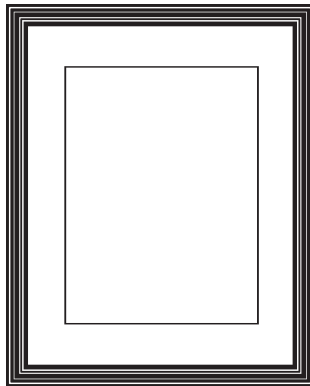


Work Number.....

Mobile Number.....

Home Number.....

This Is My Daddy



Work Number.....

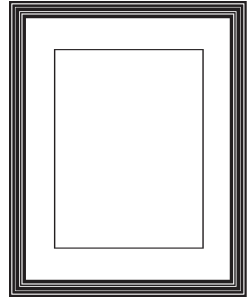
Mobile Number.....

Home Number.....

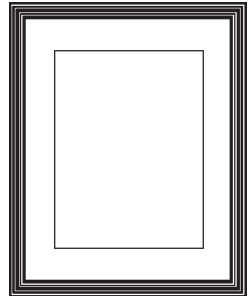
Other emergency numbers.....

*These are other members of my family or friends
who may also collect me from time to time...*

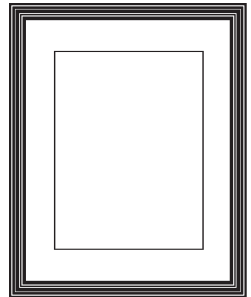
Name



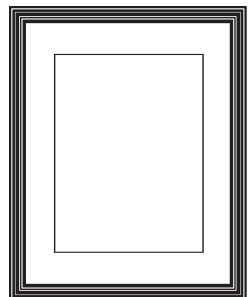
Name



Name



Name



This page is for very important information that you need to know about me and my food...



I AM ALLERGIC TO:-

.....
.....
.....

I have eaten these foods and I think they are yummy:-

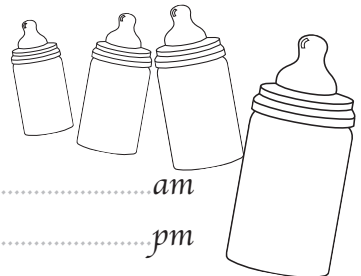
.....
.....
.....
.....
.....

My Mummy and Daddy don't want me to eat:-

.....
.....
.....
.....
.....

When I have my bottles I usually have them at:

..... am am am
..... pm pm pm



Notes...



Today Is

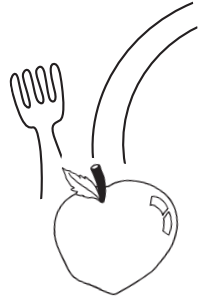
I was brought in today by

The time I arrived was am/pm



For my breakfast I had

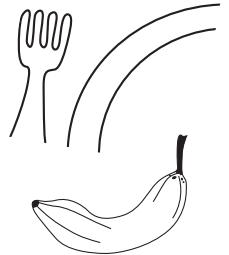
Drink Amount Eaten



For morning snack time I had

For my dinner I had

Drink Amount Eaten



For afternoon snack time I had

For my tea I had

Drink Amount Eaten



Five a day chart

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
--------------------------	--------------------------	--------------------------	--------------------------	--------------------------



Nappy Changes /Potty Training - Times and Details

.....
.....

Sleep Times

.....
.....

Milk times and how much I had:-

.....
.....

The activities and exciting things I have done today are...

.....
.....
.....
.....
.....

I was collected today at am/pm. By

Mummy's & Daddy's Notes

.....
.....
.....
.....
.....
.....
.....
.....